

MENTORSHIP COMMUNITY LAUNCH IN OTTAWA

Date: January 8, 2012

Location: Plant Recreation Centre,
Booth Room
930 Somerset Street West
Phone: 613-232-3000

Time : 10h30am- 1pm
(light lunch included)

We hope to see you there ! For more information and/or to register, please visit

<http://www.vietfederation.ca/mentorship.html>

Deadline for registration :
January 22nd, 2012

Or contact your Ottawa coordinators:

Minh Lulu
A/Executive Director
Vietnamese Canadian Federation
Email: mluu@vietfederation.ca
Tel: 613-301-7997

Ngoc Vo
Commissioner Cultural Affairs (VCF)
VYAC member
Email: culture.affairs@vietfederation.ca

REACH FOR THE STARS MENTORSHIP NETWORK

VIETNAMESE YOUTH
ACTION COMMITTEE OF
THE VIETNAMESE CANA-
DIAN FEDERATION



IN PARTNERSHIP WITH



**Vietnamese Canadian
Community of Ottawa**

Present the upcoming
Community Awareness Mentorship Launch
on
January 8, 2012
In Ottawa

REACH FOR THE STARS MENTORSHIP PROGRAM

Following the dialogue from the 2010 national Vietnamese youth survey and national workshop, the **Vietnamese Youth Action Committee (VYAC)** is launching the establishment of a national network of young Vietnamese Canadians for mutual support, inspiration, and success! Based on your needs and interests, this project will match young people to mentors at the peer and inter-generational levels.

The VYAC is working with 5 organizations in 5 cities (Vancouver, Calgary, Toronto, Ottawa and Montreal) to establish this network. In Ottawa, in partnership with the **Vietnamese Canadian Community of Ottawa (VCCO)**, the VYAC is currently recruiting mentees and mentors for the **Reach for the Stars** mentorship program.

Project duration: October 2011- May 2012

Mentees: Young Vietnamese-Canadians age 12-25 interested to have a mentor enrich their lives socially or professionally.

Mentors: Age 18 and above, looking to mentor someone to share experiences and guidance. Can be of Vietnamese origin or from another community.

Roles and Responsibilities

- .Agree to a 3-month mentorship
- .Average: 1 hour per week, 12 hours total
- .Participate in the application, assessment, and orientation process
- .Signed parental consent form for mentees under the age of 18

Benefits for Mentees:

- . **Explore** the realities and possibilities of an intended career choice.
- . **Find** guidance towards your educational, career and self-growth's goals
- . **Connect** and network with industry professionals, peers and community's leaders. Gain insight about your strengths and avoid potential mistakes.
- . **Develop** your communication, planning, and inquisitive skills in building the relationship with your mentor, for a smoother transition from school to work.

Benefits for Mentors

- . **Make** a difference in someone's life
- . Further **develop** your interpersonal and communication skills
- . Enhance your **leadership** and managerial skills
- . Play a role in **building** a stronger Vietnamese-Canadian community

Examples of Mentor-Mentee activities

- . **Develop** areas of common interests and set a schedule to talk about the mentor's experiences related to these.
- . **Share** and discuss articles, resources, or job postings of interest
- . **Facilitate** a Job shadow experience at your workplace
- . **Participate** in a social activity together (e.g. Hoi Cho Tet)
- . **Encourage** mentees to develop volunteering options that align with their career choices

**REGISTER TO ATTEND THE
FIRST MENTORSHIP LAUNCH IN
JANUARY 2012 !**

(See back page for information)

Thank you  from the
**Vietnamese Youth
Action Committee !**